



What I Value

In setting spending goals, decide what is most important for you and your family. Read over the list below. Pick out the ten things that you feel are important. Rank your answers by placing a “1” by the most important. Place a “2” by the next most important, and so on. Your list of ten should show the most important value areas in your life. Think about this when you are setting goals.

Your family may also want to fill out this form. Then you can compare your values and set family goals.

- | | |
|---|------------------------|
| _____ religion/spiritual beliefs | _____ having fun |
| _____ education | _____ a home of my own |
| _____ a comfortable life | _____ safety |
| _____ making lots of money | _____ good health |
| _____ saving money | _____ freedom |
| _____ being self-employed | _____ friends |
| _____ personal appearance (clothes, shoes, makeup, hair care) | _____ being debt free |
| _____ having a good job | _____ love |
| _____ family | _____ happiness |
| _____ security | _____ other _____ |
| _____ a sense of accomplishment | _____ other _____ |

What are your 2 most important values? _____

How do these values show in the way you spend your money? _____
